## New Brighton Primary School - Week One

| MONDA | TUESDA | WEDJESSDA | TH'URSDA | FRIDA |
| :---: | :---: | :---: | :---: | :---: |
| Mac \& Cheese <br> Marconi pasta cooked in a cheese sauce and topped with cheese and baked in the oven until golden, and served with crispy <br> bacon and sweetcorn | Burger Day <br> Choose from a butcher's quality burger or a Quorn burger served in a bun with lettuce, tomato and mayo, served with corn on the cob and coleslaw. | Roast Dínner <br> Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy | Creamy Chicken Curry Choose from a homemade Creamy Chicken Curry or a Sweet Potato \& Lentic Curry served with Basmati Rice, $\mathcal{N a}$ an bread. | Fish \& Chips <br> Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or Gaked beans. |
| Jacket Potatoes and Paninis are also available daily as a hot afternative |  |  |  |  |
| Or |  |  |  |  |
| Deli Bar-Available Everyday <br> Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filfing a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers. |  |  |  |  |
| Fresh Fruit, Fruit Pots, yogurts and Cheese and Crackers are available daily along with the dessert of the day |  |  |  |  |
|  |  |  |  |  |
| Drink |  |  |  |  |
| $\mathcal{A}$ selection of fruit juices and water will be available daily |  |  |  |  |


| DISHES |  |  |  |  | 为 |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Mac \& cheese |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Brunch |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |
| Quorn Sausage |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Turkey \& Stuffing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Roast |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Katsu curry |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn katsu curry |  | $\checkmark$ |  | $\checkmark$ |  |  | 1 |  |  |  |  |  |  |  |
| Salmon |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Battered Fish \& chips |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Fish Fingers \& Chips |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Iced Bun |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Sticky Toffee Pudding |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ice Cream |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Chocolate Cake and Chocolate Sauce |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Shortbread |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Review date: |  |  |  | Review | d by: |  |  |  |  |  |  | dards <br> ency | can find this uding more i v.food.gov.u | mplate, mation at lergy |

